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Child Porn Probe Focuses on Albany High Guard



Albany High School has put a security guard, being investigated in a child pornography inquiry, on administrative leave.

By Bobby Calvan
KENSINGTON -- A former resident, who is an Albany High School campus aide and Berkeley Boy Scout troop leader, is being investigated in connection with child pornography seized at his home. The suspect may have victimized more than 60 juveniles over a five year period, Kensington police said.
Although no formal complaint has yet been filed with the district attorney, police, armed with a

search warrant, went to the Martinez home of Steven Monroe Kabear, 35, where they found photo negatives of nude teenaged boys performing sexual acts. The search also produced slides, video tapes and cameras.
Police are still going through the boxes of seized material found at the home to determine the contents.
Also found were address books and other lists, which police said could aid them in determining the

identities of Kabear's alleged victims.
Kabear could not be reached for comment.
Lt. Leonard St. Onge, who is heading the investigation for the Kensington department, said charges would be filed Wednesday morning with the district attorney in Martinez.
"We've got a lot of people who may be victims," he said.
The department is asking any possible victims to contact them

at 526-4141. Callers should ask for St. Onge or Officer Warnock.
The Kensington Police Department is conducting the investigation because most of the photographs were allegedly taken at the suspect's former home here, St. Onge said.
Victims' ranged in age from 12 to 15, he said, and most were from the Albany, Berkeley and Kensington areas.
St. Onge confirmed that some

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El Cerrito Council Council Will Appoint Howe's Replacement

By Christina Smith
EL CERRITO -- The City Council voted unanimously to appoint a replacement for outgoing mayor Anna Howe at its meeting last Monday.
The cost of calling an election and the necessity for a speedy replacement were cited as the main reasons an appointment is preferable. The council received six applications for the position and scheduled interviews for Oct. 10. (See sidebar).
The council also voted unanimously to have recall petition signatures verified by random sampling, rather than by verification of all signatures.
A random sampling, it was determined, would include about 500 signatures out of 3,000, or 15 percent of the total, well over the standard 1 percent used for verification.
The cost would be about 36 cents per signature. Taking into consideration the cost, council members agreed a random sample would be sufficient. Although "it's more to the advantage of the recallers to count every single signature," said council member Robert Bacon, "I don't want to spend the money."
In other business, two Certificates of Completion authorizing development of parcels in the city passed without discussion.
Developer Michael Spaxarth is to receive a certificate to develop a portion of 8500 Madera Drive, and Bay Valley Construction is to receive one for construction of the Madera Child Care Center at Madera Elementary.
At the Redevelopment Agency meeting immediately following the council meeting, discussion of

the El Cerrito Gateway Partners' proposed development of a 42,000-square-foot auto service-retail project was tabled until Nov. 7.
Redevelopment Agency Executive Director Patrick O'Keefe told agency members that a study has concluded there may be underground storage tanks at the site and he requested time to find out what impact that may have on the development.
The agency adopted a plan to modify Kearney Street to reduce congestion caused by the St. Johns Church and School. Representatives from ROMA design consultants and Korve Engineering presented a three point, short term plan, which the agency unanimously passed.
The plan would widen the road and eliminate parking on one side, which should still leave ample parking for residents and church users, the engineering firm determined.
It also recommended creating small traffic islands at the Kearney-Potrero and Madison-San Pablo intersections to assist the flow of traffic. Financial responsibility for the changes will be determined at the agency's next meeting.
A long range plan which would close off the northern section of Kearney and require access to the area via Madison or Manila was not adopted. Agency members agreed it was unnecessary to vote now on a plan that would not be put into action for at least 15 years.
The agency did vote to acquire any parcels of land in the target area that may become available to assist the development of viable commercial ventures.

Albany Home Additions: The Never-Ending Story

By Chris Treadway
ALBANY -- An old drama continued and a new one unfolded at the Planning and Zoning Commission's Sept. 27 meeting, both based on a familiar theme -- second story additions.
Naoki Kaku's application to put an addition on his Talbot Street home went before the commission for a third time. And for the third time it drew outspoken opposition from neighbors.
Jim Scoggins' proposal to add a story to his 902 Polk St. home also went before the commissioners and also drew protests from neighbors on that portion of Albany Hill.
In all, four applications for second story additions were on the

evening's agenda.
An application from the owners of 727 Key Route also drew complaints, most of them about the bright pink color of the existing house.
The fourth application, for an addition at 1152 Marin Ave., was not reviewed because no representative for the applicant was present.
All four applications were continued to future hearings.
Kaku's request for a conditional use permit had been continued pending a surveyor's report on how close the house is to the north property line. The application's rehearing had originally been scheduled for

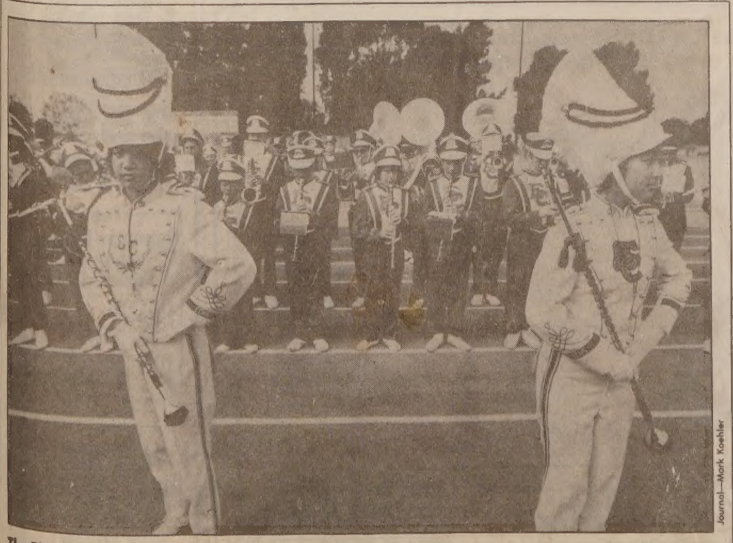
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By Will Tizard
EL CERRITO -- A year-long legal battle over a land parcel no wider than a truck ended Monday night with a victory for the Wen Wu martial arts school.
The El Cerrito Redevelopment Agency dropped its appeal of an April Superior Court decision in favor of the school, announced Redevelopment Director Pat O'Keefe at the agency meeting.
The announcement was good news to the Chiang family, who sued the agency last year after a dispute over use of the school's driveway, said Wenbin Hsu, a spokesman for the family. The school had signed a reciprocal use agreement with the agency designed to create a shared parking lot for all the businesses on the 10100 block of San Pablo Avenue, but

trouble arose when a neighbor to the south began using the school's driveway to access his own back yard.
The neighbor, architect Robert Faussner, damaged a fence belonging to the Chiangs, according to Hsu, prompting the family to attach a rider to their agreement, specifying that the driveway was for school use only.
At the urging of the Redevelopment Agency, the city then cut off power to the martial arts school and denied their occupancy permit in retribution for not sharing the driveway, said Hsu. It was this action that led the court to rule in favor of the school, said Hsu, in combination with inconsistent testimony by the city over Planning Commission records.
Frank Bellows, the owner of

the architectural firm's lot, was chairman of the Planning Commission at the time of the dispute, prompting charges from the family that he was using undue influence to gain access to the driveway.
O'Keefe denied that the city action was in retribution, saying that the school should never have been allowed to occupy their building in the first place. Since they were, however, the city had no other choice, said O'Keefe.
"I made the mistake of being a nice guy," said O'Keefe.
The agency decision to drop its appeal was based solely on budgetary constraints, and did not reflect a belief that the agency could lose the case, said O'Keefe. "The agency was at a point where, in order to pursue it

further, it would have cost the agency a considerable amount of money, even though we feel we would have won," said O'Keefe at his office.
The case cost the agency about \$4,000, said O'Keefe. Hsu estimated the cost to the Chiang family as more than twice that amount, adding that, even with a court ruling in his favor, the legal fees made it seem less like a victory.
Only one other business has signed the shared parking lot agreement since 1985, said O'Keefe, and no joint lot is foreseeable in the near future. He admitted he is frustrated with the pace of negotiations on the block, which is currently divided by a patchwork of fences and yards.



The El Cerrito High marching band shines at Saturday's Education Festival, along with four other district bands.

A Waiting Game Hitting the Books on a New Library

By Bobby Calvan
ALBANY -- The city is considering at least 11 possible funding sources to try and purchase the Albany Hospital building as a new library site.
The City Council announced last week that it is eyeing the Marin Avenue building to solve its library relocation and community meeting space problems.
In its Monday night meeting, the council unanimously adopted the city administrator's recommendations for accelerating the proposed purchase of the building.
The city administrator made the following recommendations to the council:
• Ask the county and local library staffs to provide a feasibility report on relocating the library to the Albany Hospital building on Marin Avenue;
• Ask the Park & Recreation Commission and Recreation & Community Services director to

provide a report on the specific uses of a community center at the proposed facility;
• Authorize selection of an architect for the library relocation;
• Give staff direction on financing the purchase of the hospital building.
The purchase of the building is replete with complications and uncertainties, however.
Before the city can buy the building it must wait for settlement of a lawsuit filed by the Albany Medical Group against Alta Bates, which owns the building.
The city will also have to outbid other potential bidders for the 26,000 square-foot structure.
The city is also waiting for the school board to decide whether to allow the city to sublease the current library building to help finance the library relocation project.
The current asking price for the single-story structure is \$1.25

million, although city officials have said the actual purchase price will have to be negotiated with Coldwell Banker, the real estate agency representing Alta Bates.
If the city is successful in purchasing the building, it will face renovation costs of turning the former hospital into a library and community center.
City Administrator Steve Salomon outlined 11 potential funding sources for the purchase and renovation of the hospital building. Among the sources being considered:
• Proposition 85, the statewide library bond measure up for voter approval in November;
• Lighting & Landscaping Maintenance Assessment District funds;
• A \$200,000 bequest by a former Albany resident;
• A \$25,000 capital improvement

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Police Beat

San Pablo Avenue freeze-out

By Will Tizard

The following is a summary of crime occurring in El Cerrito over the past week, according to police.

Robberies

- A gunman attempted to hold up the Silver Dollar restaurant Sept. 18 shortly after 9 p.m., but soon found himself on ice. He wasn't caught, but did get shut in the freezer case by a resourceful manager. The suspect soon drew a gun from his waistband, however, and forced his way out. He remains at large, without any restaurant money and probably with a bad case of sniffles.
- An employee of Kelly Services was robbed at gunpoint of \$15 and a \$5 Velcro wallet on the night of Sept. 27 at Waldo Lane near the BART path by multiple suspects who kicked and punched the victim.

Burglaries

- A Motorola cellular phone worth \$3,035 was taken from a business at Cutting Boulevard and San Pablo Avenue on Sept. 27. A suspect carrying the phone was found and arrested.
- A cassette deck and an AM-FM in-dash radio worth \$200 were taken from a car on the 900 block of Lexington Street on Sept. 27 by thieves who broke the rear window.

Crooks Agree, Shop Capwell's

- A would-be thief attempted to steal costume jewelry worth \$20 from Capwell's at El Cerrito Plaza Sept. 28. He didn't get far.

- A suspect who tried to get a refund on a pair of gloves worth \$24.95 at Capwell's on Sept. 27 learned that it work a lot better when you buy the gloves first.
- An earring set worth \$15 and a \$5 pair of Jockey panty hose took a short trip outside Capwell's door under the sweater of a would-be thief Sept. 27.

Young Gun

- A hardening criminal tried to make off with eight packs of baseball cards from Safeway on Sept. 21, but will now have to do hard time in the custody of his mother.

Auto Theft

- An Oldsmobile Delta 88 valued at \$11,000 was stolen from the 6400 block of Hill Street the night of Sept. 29. The car is maroon with California license 1RHGL56.
- A 1981 Oldsmobile Cutlass, license 1COA099, was taken from a lot at Cutting Boulevard and San Pablo Avenue over the weekend beginning Sept. 27.

Disturbances

- A minor bought alcohol with false ID and gave an officer a

false name when stopped on Sept. 25 on Lexington and Potrero streets.

- A suspect was charged with public drunkenness after being found asleep and intoxicated in a park at Eureka and Liberty streets.

- A woman resident was injured in a domestic disturbance in the 2600 block of Tassajara Drive on Sept. 25.

- A punch-out behind the El Cerrito Police station landed one suspect with a battery charge on the night of Sept. 28.

No Hurry

- A Cadillac El Dorado was vandalized outside Long's Drug Store in El Cerrito Plaza April 19, but only reported to police last week.

Don't Blow a Gasket

- A suspect whose action on Sept. 20 was described as "bumps victim and hits victim on shoulder with fist during a verbal altercation over traffic-related problem," probably should have limited his response to the standard single-finger one.

- As a driver pulled into a carport on San Pablo Avenue south of Potrero Boulevard Sept. 26, his car suffered a \$600 kick in the right front door.

BART sign mix-up

By Holley Martins

The following is a summary of crime occurring in Albany over the past week, according to police.

Thefts

- Jewelry was reported stolen from a home on the 1000 block of Peralta Street.
- A microwave oven, video cassette recorder, video camera and diamond ring were stolen from the 1400 block of Thousand Oaks Boulevard. Loot was reportedly worth \$2,500. The suspects entered through a window.
- A VCR was stolen on the 500 block of Masonic Avenue.
- A Hayward woman visiting the city reported her car phone stolen from her car parked on the 400 block of Talbot Avenue.
- Messy car prowler
- Four separate automobile break-ins occurred on the 1000

block of Nielson Street. All four incidents involved a "messy prowler" of the glove compartment. Police suspect the same individual was responsible for the four break-ins.

Joy-riding youths

- Three youths on an early morning joy-riding excursion were apprehended by police after being stopped for a traffic violation. The youths apparently took the car out for a spin without consent of the owner — the mother of one of the joy-riders.

Prowler sightings

- A prowler broke into an auto detailing business on the 1000 block of San Pablo Avenue. No items were reported missing.

- Police apprehended a prowler at the University of California student village.

Another sign of the times?

- Signs along the BART pathway were being removed and replaced incorrectly by a large man, wearing a red tank top. The man fled before police arrived. The signs were put back correctly by police and residents.

Drive-by physical assault

- A Berkeley man told police he was attacked by a man driving along Solano Avenue. The suspect allegedly yelled out from his car and accused the man of stealing his coat, got out of the car and physically assaulted the victim.

Exhibitionist arrested

- Police said they have apprehended a suspect allegedly responsible for a string of sexually lewd offenses.

- Police said Ramon Miranda, 24, of San Pablo was arrested in connection with at least three separate reports of displaying himself to victims.

Attack by irate son

By Christina Smith

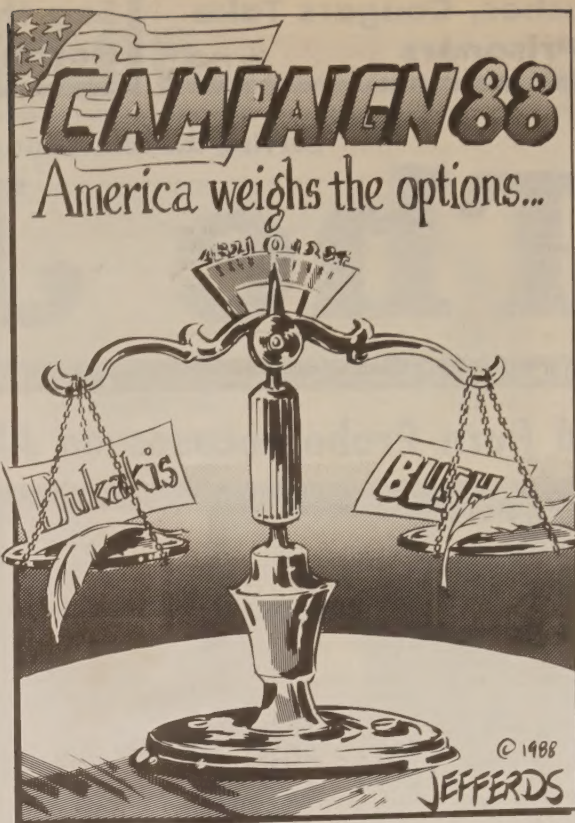
The following is a summary of crime occurring in Kensington

over the past week, according to police.

Suspicious Solicitations

- A man on Oberlin Avenue reported a suspicious subject

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The Journal

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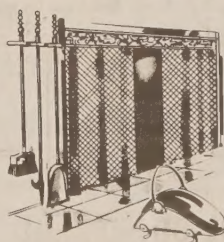
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Newsmaker's Dossier

A Renaissance woman's odyssey

By Barbara Davidson

Not many teachers have been known to take a 20 year leave of absence.

But then again, not many teachers are like Harriet Herman, who currently teaches language arts and drama to 6th and 7th graders at Adams Gifted and Talented School in the Richmond Unified School District.

Since leaving the Oakland Public School District 22 years ago, Herman has been an active feminist, author, publisher, lecturer, actress, theatrical director, advertising salesperson, and health food company employee.

In between a lap in the pool, which she says relieves the tension of teaching, and her next class, Herman neatly summarized the past 22 years.

In the early 1970's, before the women's movement, she wrote two non-sexist children's books, *The Forest Princess* and *Return of The Forest Princess*, published by her own company, Over the

Rainbow Press. She subsequently lectured about how woman can publish their own books.

Herman wrote the books because she had two young daughters at the time. "Books used to depict boys as being active and girls as being passive," she said. "I wanted to change that. I wanted my daughters to have a more active part in the world."

To test the books, she read them to children and asked for feedback. The books were so successful that she gave lectures on non-sexist children's literature and helped develop a non-sexist literature curriculum for grades K-3 in the Berkeley public schools. Her daughters, now 18 and 22, have indeed turned out to be very strong women, according to Herman.

Since Herman had majored in drama while in college, she decided to become a professional actress, studying voice, movement, and drama at the American Conservatory Theater, the Berkeley

Repertory Theater, and the Jean Shelton Acting School in San Francisco.

She created a one woman show, "Odyssey to a Jewish Woman," based on a novel by Anzia Yezierska, one of the early feminists of the 1920's. "It told the story of a journey from the old world to the new, of the struggle of women coming to the U.S. from Europe," said Herman. The show toured the country and was also filmed by KQED-TV. Herman believes that theater is a universal language, which touches people

regardless of their ethnic background and education.

Herman's interest then turned to directing. As Cultural Arts Coordinator, she directed *Our Town* at the Jewish Community Center in Berkeley. She was also one of the founders of the Berkeley Jewish Theater, now in its sixth year, which has taken Yiddish plays and translated them into English.

She worked with the Young People's Jewish Theater at Midrasa Jewish High School, where she did plays about the

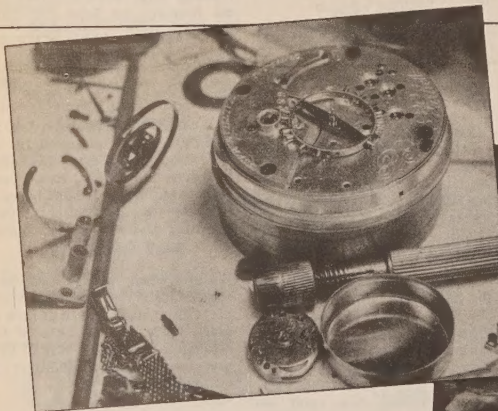
holocaust. Particularly memorable was *I Never Saw a Butterfly*, based on poetry written by children in the concentration camps and performed by 13 and 14-year-olds for holocaust survivors. When Herman showed the performers a video of the play several years later, it served to heighten their awareness of their Jewish identity. "It was a much more active way of learning."

Herman has a special interest in ethnic identity. Last year she was one of 15 teachers to receive a

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It's back to the classroom for Herman, who spanned various careers in her 22-year hiatus from teaching.



Above, Green repairs beautiful clocks such as these the way his ancestors did. Right, Green, who spends a day a week only fixing grandfather clocks, hates the "cut-throat" contemporary clock industry.

Four-generation business still ticking



By Barbara Davidson

KENSINGTON -- Douglas M. Green makes false teeth — for clocks.

The teeth in this case are found on worn out gears. According to the jeweler at 380 Colusa Ave., "the watch industry works well in supplying parts for repair, but you have to scrounge for clock parts or construct them."

An example of Green's resourcefulness is an old French clock on which the marble face had broken. He added a peacock feather behind the dial to fill the empty space.

Green has been repairing clocks and watches since 1978, the fourth generation in his family to practice the trade. Back in the '50's, Green's father had a store in the long-vacated Hotel Don in downtown Richmond. Green still has his father's old watch parts.

"Nobody wants to do clock repairs anymore," he said. "Even my father did not like to do clock repair because he had to break down his watch bench and disrupt his usual work pattern to do

clocks, which require a lot of space. It takes three to five hours to tear down a clock and repair it."

Green sets aside one day a week to make house calls just to fix grandfather clocks and can only repair two or three clocks per week.

Green does not think much of the contemporary clock industry. "Too many people play with the prices of clocks," he said. "I don't care about discounted pricing. It is a real cut-throat business. You cannot play with the prices of old clocks because there is no comparative pricing. You cannot walk into three different stores and see the same thing on the floor. The old pieces are now considered art because they are not replaceable."

A clock made in the 1600's that had been in Green's family for 20 years was bought sight unseen by a company in Holland. Despite being moved around over the years, the clock still worked.

"Some really high-grade clocks have been made in the U.S. as well as in Europe. Some are not

high-grade, but have historical value as Americana," he said, pointing to a 30-hour 1820's clock from Plymouth, Conn. made with wooden plates and gears instead of brass and steel. "It keeps breaking down and has to be fixed," he said. "It needs to be babied."

He pointed to a turn-of-the-century grandfather clock from Tiffany's with a beautiful hand-painted face and special hand cut markings to tell sidereal time (by the stars). "Most clocks of this period had moon faces because people used to plan trips around clocks," he said. "If you were going to travel, you would wait for a full moon in order to see the road. Sidereal clocks were also used to know when to plant your potatoes."

"A modern reproduction of this clock would have plastic numerals," said Green. "These parts are real metal. The old clocks used to be made of high quality grades of brass and steel. But now steel does not take a temper anymore."

Metal parts in new clocks, he

said, "are all plated with chrome to look pretty, but they do not wear."

Green said the solid wood used in clocks of yesteryear has been replaced by pressed wood and simulated wood veneer to save money.

Green is among those who like the sound of ticking clocks, an en-

joyment not possible with contemporary timepieces. In different rooms of his home are a grandfather clock, a French bell clock, and a ship's bell clock.

He called listening to clocks a disappearing tradition. "My kids don't like to hear them because they feel there are enough sounds from the telephone, radio and television."

Despite his love of old clocks, Green prefers jewelry making. "The more goldsmithing I have,

the fewer clocks I have to repair," he said. "I am getting so many repeat customers, referred customers and new customers for clock repair, that I am running four to six weeks behind in fixing them, because clock repair has to be worked into the jewelry making."

"A lot of people wake up in the middle of the night and listen to the clock strike and it puts them back to sleep," he said.

EVERYBODY'S BUSINESS

A weekly section featuring local businesses and businesspersons

Going to the candidate's debate

Albany's Ganong is just getting started

By David Thom

ALBANY — Gaining voter approval has never been a problem for Ruth Ganong — she has been elected to every position she has ever gone after.

The two-time former mayor is currently out of office for the first time in 16 years.

The number two figures prominently in Ganong's political career. In two terms on the school board, she served as president twice; in two terms on the City Council, she served as mayor twice. (Two terms are the maximum allowed on both bodies).

Now Ganong is setting her sights on the beleaguered AC Transit Board of Directors. She is running for the Ward — you guessed it — 2 spot which encompasses Albany, Kensington, El Cerrito, Richmond, El Sobrante, and parts of Oakland and Berkeley.

AC Transit is the primary bus service in the East Bay and an important link in the area's economy. About 225,000 riders board district buses every day, more than 42 percent of them going to work. In addition, 2,200 employees rely on the transit agency for their livelihood.

Ganong's political career began as assistant about the same time that Richard Nixon's began to tumble — 1972.

In that year of bell bottoms and Apollo, Ganong was elected to the Albany School Board. She was reelected to that post in 1976.

Ganong's success in setting policies for the city's schools whetted her appetite for public service. In 1980 she took a step up from the school board, winning election to the Albany City Council.

Affirmative action, equal pay for men and women, conservation and progress are the buzz words Ganong uses to describe

her career with the council.

"When I was first elected to the council I said, 'We have to get computers,'" Ganong recalls. "Most of the council gave me a strange look. But now, eight years later, we finally have them." She also spoke frequently in favor of a strong affirmative action plan during public hearings.

One of the toughest issues facing the city during Ganong's tenure was deciding what to do with Albany's waterfront.

Santa Fe Pacific Realty owns most of the land and remains eager to develop it.

While Albany will Albany need the revenue new businesses would create, Ganong said, development must be done very carefully.

"I'm basically a conservationist," she said. "The city must

have income, but I think that a shoreline park could enhance the development. I have been working to make the park a part of any agreement to develop the land."

More crucial to the city would be the income it would lose while the land was being developed.

Golden Gate Fields, long the city's major revenue source, occupies most of the land Santa Fe wants to develop. The landlord's development proposal would close the track in 2002.

Bettors at the track may not know it, but they have been a powerful force in Albany's economy. Without them, Albany would be in severe financial trouble. The track accounts for 18 percent of the city's budget, largely through the .003 percent tax on

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Ruth Ganong

Mirabella: Parent advocacy is the way

By Christine Smith

When Pam Mirabella talks about the Contra Costa County School District, terms like "parent advocacy" and "parent education" keep coming up. She's learned a lot about both from her experience with her own children and she plans to use that understanding to serve others if she is elected to the Board of Education seat representing Richmond, El Cerrito and Kensington.

An El Cerrito resident for the past 16 years, Mirabella first became active in the RUSD when her daughter Carla, now 13, began school. Carla was born with Down's syndrome and took classes at county-run schools specifically for special education students.

"In 1980 we were beginning to question why the county was serving us instead of Richmond, which also has a separate special education program. We felt it was important for Carla to have a certain amount of mainstreaming instead of being kept totally apart," Mirabella said.

She began educating herself about the special education system in Richmond. She co-founded Parents and Advocates for Special Education to assist parents of special education children who wanted to participate in the Richmond PTSA and for five years has served on the RUSD community advisory committee for special education. She also served on the citizen's school budget committee, a county group, and while doing that advocated the closure of segregated special education sites.

One of the many people she contacted in this effort was Ned Clyde, area one Board of Education incumbent. That connection proved to be a significant one: When Clyde decided not to run for a third term this year, he called Mirabella and urged her to run for the office.

Now, in addition to campaigning, she is taking classes at Contra Costa College to obtain a teaching credential. For the past two years she has been working with staff and students as a computer specialist at Marie Murphy Elementary School. Her husband Mike is also involved in education, teaching Spanish at Albany Middle School.

She is concerned about three areas of programs under county control. One is the juvenile and court schools, where students who have been expelled attend classes before being reintegrated into the system. "The program

needs to be better coordinated between agencies," she said. "A large number of students that are returned to regular schools do not stay there because there aren't sufficient support systems for them."

Parents also play a role in keeping their kids in school. "Once their kids have been expelled, parents don't think they'll ever go back. Educating the parents is as important as creating a nurturing system."

Another issue is the gap between programs mandated by the state and the funds provided to run them. "Funding has never been adequate," she said, and it is now shrinking for such programs as regional occupation, which helps students gain vocational and technical skills. Also underfunded is Project Care, which uses specially trained teachers to help regular students gain an

Her 13 years of accounting experience has made her well prepared to effectively monitor the budget, said Mirabella, another responsibility of the county. "I've been sitting on the citizen's school budget committee for five years, so I'm pretty familiar with the process. I want to make sure we're producing budgets where the people can understand where the money is being directly spent," she said, and she applauds line items as a step in that direction.

One of her goals if elected is to encourage community involvement in the board's work. "I say emphatically that we have to improve community input. Ned says few people call him about issues, and I want to bridge that, to give people more opportunity to be involved."

Personal contact is one of the main goals of her campaign.



Pam Mirabella

understanding of what it's like to be physically or developmentally handicapped.

Overseeing special education is one of the major responsibilities of the county Board of Education, and running programs in 16 districts comprises 41 percent of the county budget. The other two districts, Richmond and Mt. Diablo, both have their own special education programs, which are also underfunded. Mirabella said 13 percent of the students in the RUSD are in special education but the state only provides funds for 10 percent of students.

Mirabella plans to participate in a series of coffees in private homes to meet with small gatherings, and to walk the precinct with her family. "I think it's important to have personal contact with people, it's important in everything you do," she said.

Contact with people is also one of the reasons Mirabella believes firmly in the value of "mainstreaming" special education students when appropriate. "But that means you need aides and tutors to be accommodating

Continued on page 18

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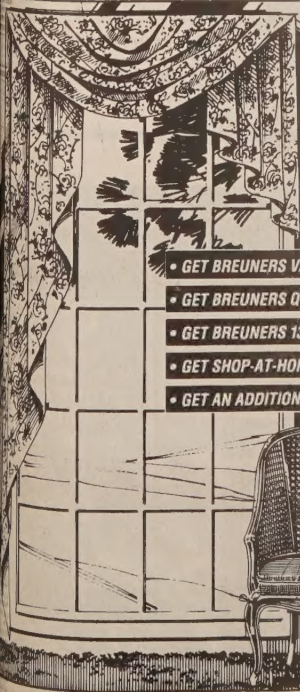
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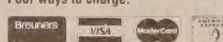
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Chamber News

Anniversary galas abound

I just returned from our 54th anniversary celebration in Reno, with my wife, Theresa, and our daughter and son-in-law, Judy and Jim Brooks, where we enjoyed a lovely dinner at the El Dorado Hotel in our honor. It was easy to observe that there's been much change in this "biggest little city" since we were married there on Oct. 3, 1934.

Congratulations to Dee and Jed Akins on their retirement and sale of McDonald's restaurant. A lovely surprise buffet was given by their daughter and son-in-law, Sue and Anthony Benton of Brentwood at the Grace Lutheran Church in Richmond, with about 50 family members and close friends in attendance. Dee and Jed are enjoying their retirement home in Murphys, Forest Meadow, with terrific access to the golf course, and go as often as time allows.

Congratulations too to Harriet and Mort Schaffran of E.M. Schaffran and Co. in the El Cerrito Plaza, who recently celebrated their 49th wedding anniversary.

Ballot Measures
This November 8, California voters face a total of 29 state ballot propositions (12 citizen-circulated initiatives, nine bond measures, and eight constitutional amendments) on the ballot, ranging from five insurance-related reform measures to a proposed increase on cigarette taxes, to earmarking the general fund for K-14 education and reinstating Cal-OSHA. Most cities and counties will have additional measures on the ballot.

I know many of the local chambers are reviewing these issues internally for Chamber endorsement.

Enclosed is a list of the California Chamber's positions, as approved by the California Chamber Board of Directors Sept. 8.

One thing we experienced in studying these measures is something every Chamber executive loves — one group within their membership pitted against another! Due to the great number of those issues, we will give greatest priority to the most significant issues and to the issues on which our members are united.

We are opposing Prop. 98, the California Teachers Association-Bill Honig measure, because we feel it would hurt every state-funded program, including higher education, except for K-14 education. It could also mean the end of school reform, since the funding would be guaranteed without the reform.

Concerning the insurance-related initiatives, we are placing highest priority on opposing Prop. 103, the Harvey Rosenfield-Ralph Nader initiative, which is the most extreme of the lot.

At a joint legislative hearing last week, California's Insurance Commissioner testified that Prop. 103 does nothing to reduce the cost of providing insurance, but it will institute a large, expensive government bureaucracy and it may lead to a state government-run insurance company which is not in the best interests of consumers.

California's business climate is dependent upon a viable, healthy insurance business in the state. Prop. 103 creates a bureaucratic mess that endangers the ability of every business in California to purchase insurance protection.

Top brass visit

State President Verna Caywood has been active in community affairs and in the VFW Auxiliary since 1944. Her special program is aid to cancer victims.

A banquet in their honor will be held at the Veterans Memorial Building in Albany on October 29 at 6 p.m. For banquet tickets, send \$10 per person to the 14th District VFW Commander, 300 Coventry Road, Kensington, CA 94707. Checks should be made payable to the 14th District VFW.

Enclose a stamped, self-addressed envelope. The deadline for reservations is October 20.

James R. Rowoldt, State Commander of the VFW, and Verna Caywood, State President of the VFW Ladies Auxiliary, will make their official visit to the 14th District on October 28, 29, and 30.

Commander Rowoldt is a veteran of the Vietnam War, having served with the 69th Signal Battalion in Long Binh in 1965-66.

He joined the VFW in Wisconsin in 1970 and has held many offices there and in the Los Angeles area. He believes in a strong service and legislative program.

Club Corner

By Eileen Leon

El Cerrito Democratic Club

The club's 36th Annual Dinner will be held on Oct. 22 at the Mira Vista Church in El Cerrito. Assemblyman Tom Bates will speak on *The Changing Family*. Tickets are \$8 in advance, \$9 at the door and \$4 for children. Social hour is at 6 p.m., followed by dinner at 7. For more information call 525-6536 or 525-5428.

Rotary Club of El Cerrito

El Cerrito Rotary meets Thursdays at 12:15 p.m. at the Cerrito City Club.

League of Women Voters

The League is sponsoring a series of Neighborhood Coffee presentations the pro's and con's on November ballot measures. League members Ethel Gok, Cleora Knapp and Louise Vogelsberg will chair the discussion groups.

Meetings to be held in El Cerrito are on Oct. 6 at 7:30 p.m. at 7806 Potrero Ave. and on Oct. 12 at 2 p.m. at 1724 Arlington. Every voter is invited.

California Retired Teachers

The club will sponsor a trip in October, *A Day at Apple Hill*, to the foothills of the Sierras. Phone 233-2777 for reservations.

LITA of Contra Costa

Love Is the Answer, an organization that provides visitors to convalescent homes, currently needs volunteers both as visitors and as coordinators of volunteers. Call LITA at 527-2055 for more information.

El Cerrito Garden Club

Fried zucchini blossoms? Nasturtiums in the salad? With gourmet restaurants nowadays touching up their offerings with edible flowers and food markets selling palatable posies, El Cerrito Garden Club members and guests will find our more about this on the October 13 meeting, 9:30 a.m., at the El Cerrito Community Center.

"Market Gardening — A Legacy of Flavor" will be the title of Michael Norton's talk. He is the grower of edible flowers and vegetables at Kona Kai Farms in Berkeley. A short business meeting and social time with refreshments will precede the program.

Norma Buffon, Mary Neuirth, Ilse Diemont,

Continued on page 18

On The Calendar

Jacci Welden will discuss the pros and cons of the November ballot propositions at 11 a.m. Oct. 13, at the Kensington Senior Center, 52 Arlington Ave. For more information call Director Angela Lalime at 526-9146.

La Lubovitch Dance Company will perform at 8 p.m. Oct. 7 and 8 in Zellerbach Hall on the U.C. Berkeley campus. The program is presented by CalPerformances.

The American Dance Theater will perform at 2 p.m. Oct. 9 at Zellerbach. For more information, call 642-9988.

The Richmond Museum is sponsoring a program on the history of textiles and their origin from 1 to 3:30 p.m. Sunday, Oct. 9. The museum is located at 400 Nevil Ave.

The Richmond Art Center will hold a *Jog and Walk-a-Thon* on Oct. 8 from 9 to 10:30 a.m. at the El Cerrito High Track. Pieces of sculptural artwork will be presented as trophies to the man, woman and child completing the most laps, the person with the most sponsors and the most spirited participant.

The Jog will begin with a parade by the Stewart Tartan Scottish Bagpipers. Funds raised will benefit Center programs. For more information call 620-6772. **The Owner Builder Center** will present "Financing for Owner Builders and Remodelers" from 7 to 10 p.m. Oct. 12 at the Construction Center, 13th at Mission, in San Francisco. For more information call Sydney at 848-6860.

The Berkeley Richmond Jewish Community Center will be holding its annual open house from 11 a.m. to 4 p.m. Sunday, Oct. 9, at the center, 1414 Walnut St. in Berkeley.

Featuring entertainment for all ages, the event will include folkdancing, storytelling, food,

Klezmer music and balloons. Also, as part of its REAP program for older adults, the center presents cultural/hot lunch programs Mondays, Thursdays through October, 11:15 a.m. to 12:15 p.m.

On Oct. 10, graphic artist Brenner will *Illustrated Family History*. For information call this and other programs 848-0237.

Barbara Wilt, herbalist, acupuncturist, will conduct a workshop on *Chinese medicine* in the Garden meeting room of the U.C. Botanical Garden. Time is 9:30 a.m. to 12:30 p.m. Cost for registration is \$12. Friends of the Garden members and \$15 for non members. Further information call 642-3352.

The U.C. Botanical Garden will also offer free public tours Sunday throughout October. The tours are an hour long and begin at 1:30 p.m.

Kensington Library's fall series of *Picture Book Time* preschoolers is presented each afternoon through Dec. 6. The library is at 61 Arlington Ave. For information, call 524-3043.

Gustavo Rojas and Jan Baraz, two local artists, will exhibit their work at the Art Gallery on Solano Ave., Albany through Nov. 25.

Free lessons in *Japanese calligraphy* will be offered in October at the Richmond Public Library. The class will be taught by Emiko Kawamoto, who will be visiting as an ambassador from Simada, Japan, Richmond sister city.

Classes will be Mondays, Wednesdays from 4 to 5:30 p.m. at the main library in the Center Plaza.

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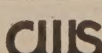
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Community Folk

By Clara-Rae Genser

Coping with parenthood

How do couples survive the transition from couple to parenthood? How does the relationship change? How does all this affect the child?

These are but a very few of the questions that come to mind when discussing the study undertaken by Carolyn Pape Cowan and her husband, Philip A. Cowan, published under the title, "Transitions to Parenthood, His, Hers, and Theirs."

Months ago, Margaret Alafi suggested I meet Carolyn Cowan, who had done graduate work in her Center for Psychological Studies. After months of leaving messages on each other's answering machines, it was delightful, at last, to meet and talk with her.

Carolyn Cowan, a quiet, attentive woman, discussed the study she and her husband have pursued several years of their lives. They both are psychologists working at U.C. Berkeley.

The study grew out of their own experience, Cowan explains. It came about because of our surprise at how complex being parents and becoming parents was.

The Cowans trained students and other psychologists to be group leaders for the study.

Couples were recruited through psychologists' offices, through scientific journals and by word of mouth. Subjects included couples expecting their first child, and couples who had not yet decided about having children.

At weekly meetings held during pregnancy and for six months after the birth of the child, expecting parents discussed such things as their sense of self, the mothers' role in parenting, social support and life stress, parents' work patterns, etc.

Although some studies had been done about the mother in such situations, little had been said about the couple and the pressures put on the marriage by the transition to parenthood.

The need for such an investigation was shown by the many calls the researchers received from couples. "The impact on the marriage was the surprise for so many of us," said Carolyn.

A decline in the satisfaction of the marriage was noted, with couples seeming to feel more distant from each other. This came as a surprise, "especially since it was thought that the baby was go-

ing to make them feel closer to each other," said Carolyn.

"In looking at our own marriage and the families around us — years later, when we began to figure this out — we came to realize how many couples were in serious distress.

"We tried to sort out stories of people we knew well and tried to figure out what had gone wrong and when. And it began to seem as if something about that time — the time of expecting and the birth of the baby — puts a lot of things up for grabs."

These days, said Carolyn, pressures on the couple are even greater. Few mothers are able to stay home, and overall it is a vulnerable time in couple relationships.

So the Cowans got the idea of working with couples undergoing transition through couples groups. They did a pilot study of couples, some of whom were offered a couples group and some who were not. This later study was funded by the National Institute of Mental Health.

One aspect of couple change is rarely noted. That is the impact on men becoming new fathers.

One of the items Carolyn Cowan gave me to read was her manuscript "Working With Men Becoming Fathers: The Impact of a Couples Group Intervention."

This detailed the changing views, participation of the father in parenting, satisfaction in the marriage, etc. It was found that those who participated in Couples Groups and were able to air their feelings, problems and understandings were better able to cope with their changing lives.

Being neither a psychologist nor a scientific writer, your reporter is not about to go into more details of this study and the resultant findings. It is correct to say, however, that "intervention" or counseling and support groups at this very sensitive time in a marriage have proven to be a help in many cases and almost a necessity for some.

Many of the couples groups formed for this study stayed together for some time after the study ended, and often the people remained friends long after it was over. The couples were contacted and answered questionnaires at six months, 12 months and 18 months as a follow-up to the

Continued on page 18

Humane Society Pet of the Week



Mother needs love

All of "Mama Cat"'s kittens have been adopted, and now she needs a home. For information about her or other pets waiting at the Humane Society, call 845-3633.

Church Notes

Arlington Community Church, 52 Arlington Ave., Kensington. Senior Minister Ken Barnes.

Rev. Barnes sermon at the 10 a.m. service on Oct. 9 is *Acknowledging Pain*. Barnes continues his Spectrum series on Jewish History at 11:15 a.m.

On Oct. 8 Rev. Barnes will lead a Quiet Day Retreat on the theme of healing and wholeness. For more information call 526-9146.

Grace Lutheran Church, 15 Santa Fe at Ward, Ralph L. Moellering, PhD, M.S.T.

Service is at 10 a.m. Sunday school and bible class are 9 a.m.

El Cerrito United Methodist Church, 6830 Stockton Ave., El Cerrito. Gary E. Pope-Sears, Pastor. 525-3500.

Mira Vista United Church of Christ, 7075 Cutting Blvd., El Cerrito. Rev. Nancy M. McKay, Minister. 234-0110.

Rev. McKay's sermon at the 10 a.m. service on Oct. 9 is *Now What Do I Do?*. The choir will sing *I Know Where I'm Going*.

Christ Lutheran Church, 780 Ashbury Ave., El Cerrito. Pastor Martin J. Schaefer. 524-1050.

Services are at 8:30 and 11 a.m. Sunday school is at 9:45 a.m. and coffee hour is at noon each Sunday.

Pastor Schaefer's sermon Oct. 9 will be *God, Creation and Us*.

First Unitarian Church of Berkeley, 1 Lawson Rd., Kensington. Dr. Richard Boeke, Minister; Assistant Pastor Holly Horn Neuman. 525-0302.

Penelope Johnson leads the *Personal Theology Group* in a discussion on Joseph Campbell's *Power of Myth* at 9:30 Oct. 9.

Sycamore Congregational Church, 1111 Novellier St., El Cerrito. 525-0727. Henry Ishizuka, Eigo moderator; Sumie Kuramoto, Nichigobu moderator.

The Preacher on October 9 will be Rev. Paul Nagano.

First Church of Christ, Scientist, 601 Lexington Ave., El Cerrito. Sunday service is at 11 a.m. Topic for Oct. 9 is *Are Sin, Disease and Death Real?*

Addition...

Continued from page 1
Sept. 13 but was held over.

In giving her report to the commission, Planning Director Claudia Cappio explained that the surveyor had initially told her on the phone that the Kaku house was four inches from the property line. The report that was actually submitted, however, indicated the house was actually 1.68 inches from the line, she said.

Since the staff report had used the four inch figure, Cappio said the city attorney had advised her to seek a continuance in order to use the most up-to-date information.

The commission decided to postpone any action on the application, but Patricia Bikai, planning commission chair, decided to open the public hearing portion of the review "since a number of people have come out."

The commission noted that the redrawn plans still showed six feet of the addition flush with the existing wall to the north, less than a yard from the house next door.

Bikai asked Kaku's representative, the draftsman for Lineatech, Inc. who drew the current plans, if any alternative to having the wall flush had been considered. She also asked if it would be possible to add to the house by building in back instead of building up.

The representative responded that the wall was flush in front because it was the only practical location for the stairway. Relocating it in the back, he said, would ruin the appearance of the design and also mean occupants would have to walk the length of the house and through a bedroom to go upstairs.

Commissioner Ann Berry said she agreed that moving the stairway would make an unattractive design, but added, "I think if I were a neighbor I'd have a pretty strong reason to object."

Kaku's representative said relocating the stairway was a possibility, but that relocating the addition to ground level might pose problems regarding maximum lot coverage. "Anything is possible," he said. "Basically it's up to my client if he wants to study something or not."

Kaku's neighbors found much to criticize, from the flush portion of the wall, to the placement of windows, to the discrepancies in the surveyor's report, to the postponement of the previous hearing, to the possibility that the application would be approved. All, however, liked the idea of putting the addition at ground level.

"I still object to the whole second story addition," said Jim Shank, the neighbor on the north side of Kaku. "I would think at some point there's a case that's severe enough to stop it and I think this is the case. Expanding in the back would solve my prob-

lem completely."

Bikai said the surveyor's finding "creates a totally different situation in my mind." The original application had said the house was three feet from the north property line. "I would very much like to see the applicant explore the possibility of moving out to the back."

The commission voted to continue the application until "whenever they resubmit plans, in whatever time that takes."

There was also no lack of controversy when the commission heard the application for an addition at 902 Polk St.

Cappio described the site as a double frontage lot facing both Solano Avenue and Polk, that, at 53 percent, exceeds the maximum allowable lot coverage. A deck approved by the commission in 1978 intrudes on a neighbor's lot, she told the commission.

In addition, the house as seen from Solano, would be two stories high with the addition. From Polk it would be three stories from ground level on the sloping lot. The bottom of the Polk Street side is a laundry room not necessarily counted as a story, since it is not habitable space.

Scoggins told the commission that he and his wife Terry bought the house 23 years ago for its location and its view. But because of additions to neighboring houses, he said, "Our view is really eroding. What we're trying to do is salvage that."

"We can no longer see from a sitting position. We have to stand up. We're not trying to work a hardship on anybody."

Some neighbors, however, made equally eloquent appeals against the proposal.

"I'm concerned about all the views on Albany Hill being taken up by second story additions," said Jean Sindell, of 831 Polk St., who also wrote the commission a letter on behalf of the Albany Hill residents group.

"It seems houses above these additions are suffering. You should consider the height limit and not allow it to go above 28 feet."

The height of the house is another quandry the commission must grapple with. From Solano Avenue it would be 22 feet and from Polk Street it would be 33 feet.

Other neighbors told the commission that if the addition is allowed the hill would end up with "a lot of top-heavy boxes," and that the only alternative the rest of the hill would have is to "go up too."

The commission suggested that repositioning the addition might save some of the neighbors' views, and voted to continue the application to allow redrawn plans to be submitted. It was also noted that the question of how many stories the building actually has is still to be answered.

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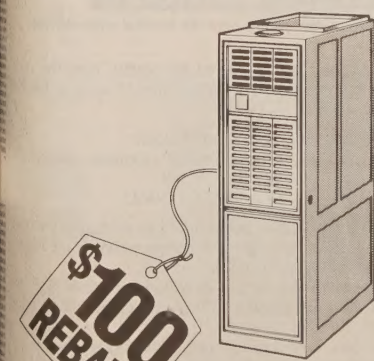
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Herman...

Continued from page 1
federal grant from the National Endowment for the Humanities to attend a summer seminar, "The American Dream and Ethnic Identity in Modern Literature," at UC Berkeley.

Two years ago, Herman returned to teaching. "I feel much richer in what I can offer now because I have had life experiences during the time I was away from teaching," she said. Her first assignment was at Ken-

nedy High School, teaching English to 10th and 11th graders. She left Kennedy to teach drama at Portola Junior High School, which had not had a drama program for ten years. "It was very exciting," said Herman. "I was able to get to the kids with Shakespeare's *A Midsummer Night's Dream*. Everyone participated, either by acting, making costumes or distributing posters. Even the PTA was involved."

Library...

Continued from page 1
ment allocation budgeted for architectural work on the library relocation project;

- Community development block grants
- The East Bay Regional Park District bond measure up for voter approval next month;
- At least \$48,000 from Pro-

position 70, passed by voters in June;

- Proposed development impact fees;
- Revenues from subleasing the current library site; and
- Establishing a non-profit corporation to acquire the building for leasing to the city.

Porn...

Continued from page 1
of the possible victims were Albany High students.

Kabeary was leader of the Berkeley Boy Scout troop until two weeks ago. The Mt. Diablo Boy Scout Council removed him from his post because of possible impropriety, according to Scout Executive Quentin Alexander.

No complaints had been received by the Boy Scouts against Kabeary, and there was no indication that any scout was victimized, Alexander said.

Police are still interviewing a number of alleged victims to build

a case against Kabeary, according to St. Onge.

Only five of the alleged victims have agreed to cooperate with police, he said, adding that some others, no longer minors, have been embarrassed to provide information.

Police said they have at least 60 names and believe investigation of the seized material may reveal more.

Kabeary, who works as a campus aide at Albany High School, was placed on administrative leave Sept. 22, according to

This fall, Herman began teaching at Adams, a school attended by gifted and talented children from all over the district. Working hand-in-hand with the art and music department, Herman is currently planning a talent show to assess the students' abilities.

Herman believes that communication is the most important aspect of teaching. "You are teaching a subject, but also dealing with a whole child," she said. "I see myself as a role model who

has high standards, expects the best, and is also kind and loving.

There is nothing more important, because you are affecting people's lives; you are affecting them. It is the most important job in our country."

"We teachers have three jobs — planning the lessons, presenting the lessons, and interacting with the children and going home and grading the papers. Sometimes I am up until two in the morning. There has to be a payoff or people would not do it."

The city is especially hoping that California voters will approve Proposition 85 next month. If approved, it would provide \$75 million in matching funds for library construction and renovation projects statewide.

The city could be eligible for \$300,000 to \$700,000 in matching grants, according to Salomon. The City Council and its library relocation committee have

already endorsed the proposition.

If the city decides to establish a non-profit corporation to buy the hospital building, it would lease the property under a financing agreement allowing the city to use its lease payments to buy the building. According to Salomon, this option would allow the city more flexibility than purchasing the building outright.

Albany Unified School District Superintendent Dale Hudson, who refused to comment on the investigation pending its completion.

As a campus aide, Kabeary monitored students during recesses and lunch hours, was involved in student disciplinary matters, and also guarded school buildings and other school property, according to Hudson.

Kensington police began their investigation when an alleged victim told police he was sexually exploited by Kabeary, according to St. Onge.

A 15-year old juvenile told police he was invited to Kabeary's home where the suspect allegedly viewed a pornographic movie and acted in a lewd manner, according to the affidavit accompanying the search warrant application.

Negatives were also reportedly found by new tenants at Kabeary's former Kensington home depicting a nude boy performing a lewd act on himself. Albany school officials also confirmed receiving a sexually explicit negative.

Council applicants at a glance

The following people have filed applications for the El Cerrito City Council. Here is a brief summary of each applicant:

Willie Mae Ritz has been a public affairs representative at Alta Bates Corporation for five years. She served eight years on the Parks and Recreation Commission and has been active in a number of other civic groups in El Cerrito.

Ritz has lived in El Cerrito for 28 years and said she is applying because she "will bring to the council excellent interpersonal skills which clearly are assets for listening and communicating with the community. I would like the opportunity to continue to work to make El Cerrito a desirable place to live."

Marker Lovell has been a supervisor at Wells Fargo Leasing Corporation for 19 years. He has been a commissioner with the Parks and Recreation Commission for several years.

Lovell has lived in El Cerrito for 15 years and said he is applying because he "wants to insure a responsible cross-section of citizens are represented on the council."

Beatrice O'Keefe has been a virologist at the California Department of Health for 25 years. She has been the director of the Stege Sanitary District for 1 year, and she was president of the California Employees Association, local 732.

O'Keefe has lived in El Cerrito for 11 years and said she is applying to "serve the residents of El Cerrito by bettering the community in which I live."

Cathie Kosel has been a teacher at the Richmond Unified School District for 18 years.

Kosel has lived in El Cerrito for 18 years, and said she "developed a keen interest in current issues and redevelopments, city services and fiscal problems."

Dorothy Jacobs has been a financial officer and co-owner of Bear Vending Inc. for years. She is the current woman of the El Cerrito Sales Commission and has been president of various organizations.

Jacobs has lived in El Cerrito for 35 years. She said she is at a "crossroad" and says the city has "become should be the premiere community in West County."

Jane Bartke has been a teacher with the RUSD for years. She has served as an elementary summer school principal.

She is also the current woman of the Parks and Recreation Commission. Bartke has lived in El Cerrito for 26 years and said she "always had an interest in the community in which I live, adding that "the finest way to serve my city would be as a councilperson."

The Montclarion/Berkeley Voice/The Journal First Annual HOME COOKIN' RECIPE CONTEST



Got an heirloom recipe passed down from Grandma or a great Uncle who could really "cook" in the kitchen? Or have you developed a family favorite that's nutritious and delicious? Why not enter them in The Montclarion/Berkeley Voice/The Journal's First Annual Home Cookin' Recipe Contest and compete for nine wonderful prizes in three categories:

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All winners and their entrees will be featured in a future issue of the Montclarion Publications. The emphasis of the contest is Old and New traditions in Home Cookin' and practical family dishes for busy people.

You may enter no more than one recipe in each category. After the deadline, October 21, 1988, all recipes will be reviewed by the Montclarion's Food Columnist, GraceAnn Walden. She will select 3 semi-finalists in each category. For the finals, GraceAnn will prepare all nine dishes for our distinguished panel of judges:

HOME COOKIN' CONTEST RULES

Before you fire up the stove or start looking for Aunt Em's Dynamite Chili recipe, please read the contest rules carefully. Any entrant not following the guidelines will be disqualified.

- Eligibility: Open to all home cooks except employees of the Montclarion/Berkeley Voice/The Journal. Not open to professional cooks.
- Categories:
 - Soups or Salads:** Hot or cold soups, appetizer or side dish salads. Neither the soups or salads should be intended as main dish entrees.
 - Main Dish Entrees:** Meat or vegetarian entrees that are loved by the whole family. Can be a casserole, special meat dish, pasta creation or one dish meal.
 - Desserts:** Elaborate or simple dessert delights. Can be cakes, pies, custards, mousses or cookies.
- Type or print your recipe on standard 8 1/2 x 11 paper. Each entree should be on a separate piece of paper. You may enter up to 3 recipes, but only one in each category. Type or print your name, phone number and category on each recipe.
- All recipes must be accompanied by an official newspaper entry blank that is filled out completely. Attach to your recipe or recipes.
- In typing the recipe please list all the ingredients in the order of their use, followed by exactly how the dish should be prepared. All recipes should serve at least 4 people.
- Send recipes to: GraceAnn Walden
Home Cookin' Contest
P.O. Box 11549
Oakland, Ca. 94611
- All entries should be postmarked by midnight October 21, 1988. All recipes become the property of the Montclarion and will not be returned.
- The dishes will be judged as follows: Taste 40%, Practicality 20%, Originality 20%, Appearance 10%, Family Appeal 10%.
- All recipes should use whole, fresh foods when possible. Microwave cooking techniques are acceptable if appropriate to the recipe.
- The decisions of the judges are final. Entries will be disqualified if they fail to comply with contest rules.
- Recipes must be original and not previously published or have won on other cooking contests.

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